

# 2018 Summer Skating Camp

The Summer Skate Camp is designed to develop individual skating skills through a spirited week of on-ice and off-ice training. The camp is intended for both Beginning Freestyle Skaters and Higher Level Freestyle skaters. Campers will be divided by skill level and receive both on-ice and off-ice instruction that caters to their specific skill level.



**Dates:** June 11-13 & 15 (M,T,W,F)

**Times:** 4:00-7:00pm

**Camp Fee:** \$160

**Registration Deadline:** May 25

**Ages:** 6 years & up

## **Instructors:**

### **Betsy DeWitt**

Betsy is a member of the United States Figure Skating Association (USFS). Betsy has 20+ years of experience coaching levels from beginners to senior competitors. Over 6 six years experience as a skater in Ice Capades and Disney on Ice. Betsy has completed her Master's in Education and is a middle school teacher in Sylvania, Ohio.

### **Aleksandr "Sasha" Nagorny**

Sasha began teaching figure skating in 1967 in Kiev, Ukraine (the former Soviet Union). In 1975 he graduated from Ukrainian State Academy of Physical Education and Sports and obtained his Masters Degree as a coach and a choreographer. In 1999 Sasha joined the professional staff of the BGSU Ice Arena. He founded BGSU Ice Arena School of Specialized Skating Instruction and was the Head Coach of this school until August 2001. Currently, Sasha continues this program on the private basis. He is teaching skaters of all levels and ages in Freestyle, Moves on the Field, Dance, Pair Skating, Choreography, and OFF Ice classes. Sasha is a PSA and USFSA member since 1999.

### **Danielle Brogley**

Danielle was a judge with the Canadian Figure Skating Association prior to coaching and has 25 years of coaching experience. Danielle teaches students from the basic skills to advanced levels. She enjoys working on technique for jumps, spins, and moves in the field. She is category B certified through USFSA and is a graduate of the University of Windsor with a degree in Kinesiology focusing on fitness training for the 50 plus population.

#### **On ice sessions include:**

- Edge/Warm-up/Moves in the Field
- Power Skating
- Performance/Choreography
- Jump and Spin Technique

#### **Off ice sessions include:**

- Stretch/Yoga
- Strength and Conditioning
- Off ice jumps/plyometrics

See [tamaskating.com](http://tamaskating.com) for more details. Questions should be directed to Mike Mankowski at [mmanko@sylvaniatamoshanter.com](mailto:mmanko@sylvaniatamoshanter.com) or 419.885.1167 x231.

## 2018 Summer Skating Camp Registration Form

Name \_\_\_\_\_ DOB \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Parent Name \_\_\_\_\_ Cell Phone \_\_\_\_\_

E-mail \_\_\_\_\_ New to Skating (circle one) YES NO

Learn2Skate Badges Passed \_\_\_\_\_

Highest USFSA Freeskate Passed \_\_\_\_\_

Receipt #(Internal use only) \_\_\_\_\_

